

Emily

BALLANCE

MEd, LPC, CSP
LIFE WITH HUMOR



Looking for a unique and entertaining speaker to bring new energy to your event? Call Emily! Your audience will thank you.

nationally recognized...humorous...proven

Emily Ballance, Professional Speaker

Most Requested Keynotes & Presentations

- Inspires, motivates, engages and empowers attendees
- Connects with diverse audiences through interactive exercises
- Offers positive humor, real life stories, practical information
- Brings a new perspective, authentic style and dry humor
- Delivers keynotes for national, state and regional audiences

Finding Humor and Purpose in the Midst of Life's Circus

This highly entertaining and interactive keynote/presentation is the perfect kick-off or closing session for a conference! It includes clean humor, stories and surprises, plus hilarious group exercises that give attendees opportunities to meet, talk and laugh with other attendees. Participants learn practical strategies to reduce stress, improve communication, empower themselves and others, while having a great time.

The Upside, Downside and Inside Scoop on Generations

Different age groups and generations have their own characteristics. Knowing this helps everyone to communicate more effectively, build stronger relationships, provide better customer service, and increase productivity and morale. Emily creates an entertaining and nostalgic adventure, as attendees join her on a walk through history with lots of visuals and fun, interactive exercises.

Fed up, Boxed in and Burned Out

Emily guides attendees through the complicated web of life's stressors, enabling them to recognize early signs of burnout. Participants set goals and address issues quickly, injecting enthusiasm into their work and life. They envision a healthier lifestyle, planning their work intentionally and purposefully while incorporating enjoyment.

Some of Emily's Clients

Contact Emily for your next event

emily@emilyballance.com

919-876-6931

Customized presentations available!



Rave Reviews

“She hit a home run with her closing keynote at our national conference...got a standing ovation”

Jim Hmurovich, President and CEO, Prevent Child Abuse America

“You had us all laughing...and even had a few of us crying”

C. S. Cameron, Clerk of NC Supreme Court, Planning Committee,
National Conference of Appellate Court Clerks

“Thank you, thank you for more than fulfilling our expectations!”

Angie Crone, Sponsorship Director, North Carolina State Fair

“Your humor added so much to our California conference”

Dr Gerda Govine, EdD, Diversity Consultant, Pasadena Women’s Conference



“Amazing and inspiring...you got rave reviews at our national conference”

Kate Enchelmayer, Director, Credentialing and Privileging,
US Department of Veterans Affairs

“The audience was having a good time...exercises were hilarious and a lot of fun”

Cheryl Jenkins, Director, Student Activities Meredith College

“Your closing keynote was fun, informative, inspiring”

Robyn Gude, RN, Administrator, Southern Illinois Perinatal Network



“Received rave reviews...a breath of fresh air for our educators”

Randy Richardson, Associate Executive Director,
Iowa State Education Association



“A standing ovation...six years in a row!”

Gladys Graves, Director, Teaching Fellows Program

entertains...educates...inspires...




Emily Ballance, MEd, LPC, CSP

Emily is a professional speaker who wows her audiences with her humor, honesty and lively stories at conferences and events across the country. She frequently presents on stress management, generations, positive humor, customer service and communication to associations, healthcare organizations, corporations, educational and financial groups.


Emily has earned the Certified Speaking Professional designation, the highest earned designation awarded by the National Speakers Association for meeting high standards in four areas: platform skills, business management, education and association membership.


Although she currently speaks full-time, Emily is also a Licensed Professional Counselor. She believes that positive humor helps people reduce stress, improve their work environment, build stronger relationships and make the world a better place. Emily lives in Raleigh, NC and when she is not speaking or traveling, she volunteers her time with older adults and the Autism Society of North Carolina.

**Contact Emily today
for your next event!**

 919-876-6931

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