



Short Bio

Emily Ballance, MEd, LPC, CSP entertains, educates and inspires audiences with her humor, honesty and lively stories at conferences and events across the country. She frequently presents on stress management, generations, positive humor, customer service and communication to associations, healthcare organizations, corporations, educational and financial groups.

Emily has earned the Certified Speaking Professional designation, the highest earned designation awarded by the National Speakers Association and recognized by the Global Speakers Federation (GSF). Female members of the GSF who have earned their CSP certification make up only 5% of the total membership.

Also a Licensed Professional Counselor, Emily believes that positive humor helps people reduce stress, improve their work environment, build stronger relationships and make the world a better place. She lives in Raleigh, NC and when she is not traveling or speaking, she writes articles on humor, health, and wellness and volunteers her time with older adults and the Autism Society of North Carolina.